



ADULT SAND VOLLEYBALL



DATES

June 1, 2026 - August 19, 2026

REGISTRATION

Sign-up by [May 23rd](#) as space is limited.

LEAGUE NIGHTS, DIVISIONS & GAME TIMES

Maximum of 12 teams per league night. Matches are played at Otsiningo Park.

<u>DAY:</u>	<u>LEAGUE TYPE:</u>	<u>GAME TIMES:</u>
Monday	Recreational 6's	5:30pm — 8:30pm
Tuesday	Recreational 6's	5:30pm — 8:30pm
Wednesday	Recreational 6's	5:30pm — 8:30pm

PROGRAM

The Ys volleyball leagues are the perfect opportunity for adults to stay active and connected, develop new skills, and explore new interests. You might just discover a renewed passion for the game, too!

Sand volleyball provides great cardiovascular exercise. The sand courts offer resistance that strengthens endurance by working leg muscles. Training and playing on the sand activates and strengthens the lesser worked areas leading to all-around greater muscle tone. Each team will play 11 matches (33 games.)

All leagues are Co-Ed:
6 person leagues - (3) men & (3) women

All teams can reserve a spot in the league by paying the \$100 deposit. The remaining balance must be paid by the second game of the season, which is scheduled for 6/10/26.

REGISTRATION INFORMATION

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PRICE

6 Person League: \$540

After May 23rd

(based on availability)

6 Person League: \$570

CONTACT

Keira Warwick

Sports Director

607-770-9622 ext 414

kwarwick@ymcabroome.org

Binghamton Y

61 Susquehanna Street

Binghamton, NY 13901

West Family Y

740 Main Street

Johnson City, NY 13790

LOOKING FOR A TEAM?
CONTACT KEIRA!

LEAGUE DIVISION

Please select the league you wish to register for:

- Monday - 6 Person Recreational
- Tuesday - 6 Person Recreational
- Wednesday - 6 Person Recreational

Team Name: _____

Captain's Name: _____

Date of Birth: _____ Phone #: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Email: _____

TEAM ROSTER

Player's Name	Phone #
1. _____	_____
2. _____	_____
3. _____	_____
4. _____	_____
5. _____	_____
6. _____	_____
7. _____	_____
8. _____	_____
9. _____	_____
10. _____	_____
11. _____	_____
12. _____	_____

In consideration of your accepting this entry, I, the undersigned, intending to be legally bound, hereby for myself waive and release any and all rights, including use of photography, video, or audio, and claims for damages I may have against the YMCA of Broome County, their representatives, successors, and assignees for any injuries suffered by me in the YMCA programs.

Signature: _____ Date: _____