

# Lifeguard Training CPR PRO BASIC FIRST AID

**Trained to save!**

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**Binghamton Branch**  
61 Susquehanna Street  
Binghamton, NY 13901  
Tel: (607) 772-0560  
Fax: (607) 772-0563

**West Family Branch**  
740 Main Street  
Johnson City, NY 13790  
Tel: (607) 770-9622  
Fax: (607) 729-4977

Visit us online at:  
[www.ymcabroome.org](http://www.ymcabroome.org)

And on Facebook at:  
**YMCA of Broome County**



**FOR YOUTH DEVELOPMENT®**  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

- All classes are held at the Binghamton Branch.
- Certification for CPR for the Professional Rescuer and Basic First Aid is provided through American Safety and Health Institute and has been approved as training for EMS personnel as well as accepted by the National Registry of Emergency Medical Technicians (NREMT).
- Individuals interested in becoming lifeguard certified must register for a lifeguard course, which includes both CPR and First Aid courses. This course includes waterfront and waterpark certification. Course does include online e-learning that must be completed prior to the first day of class. Valid email address required. For details about the pre-requisite swim test given on the first day of class contact Patty. **Registration deadline is 2 weeks prior to class date listed.**
- Blended Learning option for CPR or First Aid renewal. Blended training combines the convenience of online learning with a shortened practical skills session. Valid email address required. **Please contact Patty to set up a blended learning course.**
- **Age Requirements:**
  - 14 years of age and older for First Aid and CPR PRO courses
  - 16 years of age and older for Lifeguard Training courses.
- **To register:** Call the Welcome Center at either branch, stop by either branch, mail your registration along with a check to the address on the left side of this flyer or visit our website.
- **Group rates available** - have a group of 5 or more that need to be certified? Contact Patty Benda to set up a group training. It can be held at our location or yours!

“Providing financial assistance for your friends for 150 years– find out if you qualify today”

# Lifeguard Training, CPR PRO & Basic First Aid Registration Information

Financial Assistance is available. Ask the Welcome desk how to apply.

## PROGRAM FEES:

### CPR Pro Full Course:

\$51 YMCA members  
\$103 Non-members

### CPR & AED Recertification

\$38 YMCA members  
\$77 Non-members

### CPR & AED Recertification

#### Blended Learning -

*Please contact Patty Benda to set up this option*

\$33 YMCA members  
\$66 Non-members

#### First Aid:

\$45 YMCA members  
\$90 Non-members

#### Lifeguard Course:

\$231\* YMCA members  
\$383\* Non-member

#### Lifeguard Recertification Course

\$102 YMCA Members  
\$140 Non-members

**\*For those who cannot pass the prerequisites, a full refund will be given minus a \$50.00 processing fee.**

## CONTACT:

Patty Benda  
Primary Focus: Aquatics  
607-770-9622 ext. 406  
pbenda@ymcabroome.org



**Registration:** Complete top part of form and circle desired classes

Name: \_\_\_\_\_ Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_

Email\*: \_\_\_\_\_ Phone #: \_\_\_\_\_

(\*required for all Blended Learning and Lifeguard Certification options)

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

In consideration of your accepting this entry, I, the undersigned, intending to be legally bound, hereby for myself and for my child, waive and release any and all rights, including use of photography, video, or audio, and claims for damages I may have against the YMCA of Broome County their representatives, successors, and assigns for any injuries suffered by me in the YMCA programs.

**Participant or Parent/Guardian Signature if under 18 years of age:**

Signature \_\_\_\_\_ Date: \_\_\_\_\_

**CPR/AED for the Professional Rescuer:** Certification period 2 Years

**Full Courses:** (choose one session, you must attend both dates)

- Session 1: September 12 & 14 5:00-7:30pm
- Session 2: October 4 & 11 10:00am-12:30pm
- Session 3: November 7 & 9 5:00-7:30pm
- Session 4: December 5 & 7 5:00-7:30pm

**Renewal Courses:** (choose one)

- Session 1: September 7 5:00 - 7:30pm
- Session 2: October 12 5:00-7:30pm
- Session 3: November 1 10:00am-12:30pm
- Session 4: November 30 5:00- 7:30pm

**Basic First Aid for the Community & Work Place:** Certification period 2 years

- Session 1: September 20 9:00am-12:00pm
- Session 2: October 19 5:00 - 8:00pm
- Session 3: November 22 5:00-8:00pm
- Session 4: December 14 5:00-8:00pm

**6th Edition Lifeguard Course:** This course includes e-learning that will be emailed to each student and must be completed prior to the first date of the class. **You must be able to complete all e-learning and attend all sessions in order to qualify for certification.**

**Registration deadline is 2 weeks prior to class date.**

**Full Course:** (choose one, you must attend all classes within the session)

**Session 1:** September 24-28  
(meets Saturday & Sunday 10am-5pm and Monday-Wednesday 4:00-9:00pm)

**Session 2:** December 17-21  
(meets Saturday & Sunday 10am-5pm and Monday-Wednesday 4:00-9:00pm)

**Renewal Course:** Sunday, December 4, 12:00-4:00pm